

J.Lift & J.Lymph
NATURAL DRAIN

Spa, Face and Body



JOSIANE LAURE
PARIS

EVERY HUMAN BEING IS UNIQUE

Your body and your skin are unique and should benefit from a "tailor-made" treatment

"I wanted to bring together the profound and vibratory actions of essential oils in order to increase the vital energy of the organism and stimulate acupuncture points and thus rebalance the tissue, organic, visceral and emotional condition.

The combination of two ancient techniques, aromatherapy and Chinese medicine, allows individuals to be treated in their entirety and in a personalised manner in full respect of their differences, specificities and originality."

Josiane Laure



CONTENTS

Presentation of the J.LIFT and J.LYMPH Natural Drain	page 4
J.LIFT, 3 fundamental actions	page 5/6
Example of a Josiane Laure lift treatment	page 6/7
Before/After	page 8
J.LYMPH, 3 fundamental actions	page 9/10
The benefits of J.LYMPH	page 11
J.LIFT and J.LYMPH Natural Drain	page 12
J.LIFT facial treatment	page 13
Slimming body treatment	page 14
Presentation of J.LYMPH body care products	page 15
List of Josiane Laure J.LIFT and J.LYMPH products	page 16/19

Presentation of the J.LIFT and J.LYMPH Natural Drain



Natural Drain is a 100% French machine, designed and produced following many years of research and practice at Josiane Laure institutes.

Natural Drain combines the action of J.LIFT & J.LYMPH, the perfect appliance for implementing your face and body treatments.

On its own, it combines all the anti-ageing treatments for the face and all the slimming treatments for the body.

Thanks to the J. LIFT "electropuncteur", the Natural Drain acts on the tone, suppleness and radiance of the face. The J.LIFT also acts on energy points adapted to body slimming and firming treatments, as well as on the scalp. All these treatments are completed by the action of the J.LYMPH suction pads.

Thanks to the J.LYMPH, the Natural Drain also fights fatty deposits, the slackening of tissue and the elimination of toxins with its lymph draining action.

The J.LIFT Electropuncteur

Through its combined electro-puncture and energy draining action the J.LIFT offers visible results from the very first session. This "facial gymnastics" technique restructures and firms tissue, helping to effectively reduce wrinkles, crows' feet, bags under the eyes and double chins.

More effective than digital pressure, the electric current controlled by the J.LIFT is particularly recommended for protecting the face from tissue slackening.

3 fundamental actions

1. Energy points

Technique based on the philosophy of Chinese medicine, it works

by the electrostimulation of specific points that have a precise action on all of the face and body (training recommended).



J. LIFT treatment probe

2. Facial gymnastics

For the face, each of these points also acts on muscular contraction and intense facial gymnastics reduces wrinkles to ensure radiance, tone and a fresh complexion.

3. Cell regeneration

Cell regeneration works thanks to the combined action of the “electropuncteur” and a mixture of Josiane Laure products.

THIS MIXTURE COMBINES 3 PRODUCTS

The **HYDRAVELOUR CREAM** (ivy, common horsetail and beeswax), an injection of genuine moisturising and pulping elements (sensitive skin); **ORGANIC JOJOBA CREAM**, genuine vegetable collagen that regenerates cells (normal skin).

The **PURIFYING GEL** (Laminaria seaweed, lavender, witch hazel), rich in mineral salts and a conductor for the active ingredients.

The **TONING SYNERGY** (mint, rosemary essential oils), a genuine lifting effect thanks to its action on the neuromuscular plaque (training on the use of the synergies recommended).

Example of a Josiane Laure Lift treatment

This anti-age treatment, based on Chinese philosophy, works via the electrostimulation of acupuncture points. The LIFT treatment involves facial gymnastics through the contraction of muscles, which acts effectively on the appearance of wrinkles, crows’ feet, bags under the eyes, double chins and the general slackening of the face’s definition.

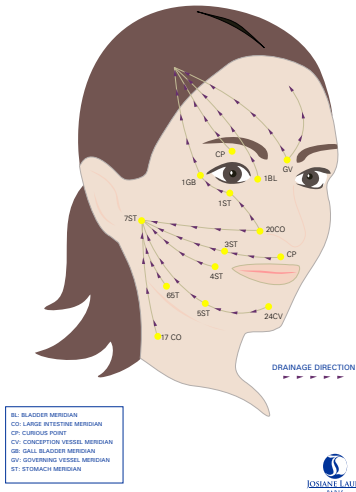


Diagram A

J.LIFT ENERGY POINTS LOCATION OF THE FACIAL TREATMENT AND ENERGY POINTS

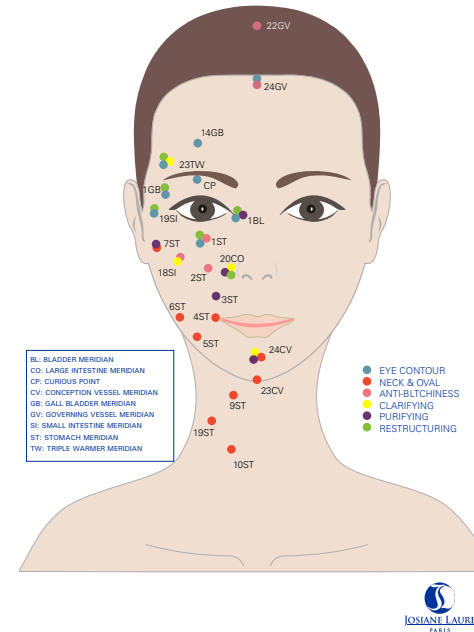


Diagram B

It is also an excellent way to prepare for cosmetic surgery as well as for post-operation treatment. Acupuncture, an ancient Chinese

therapy, lies behind two techniques that we use in beauty treatments, energy draining and electropuncture.

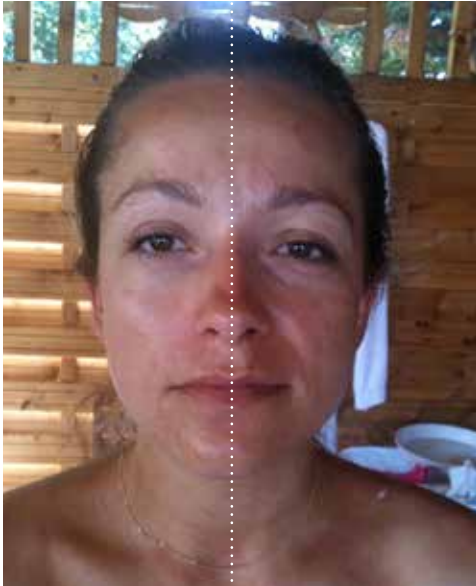
PHOTO OF THE APPLIANCE



J.LIFT device equipped with a probe and a mass

More effective than digital pressure, the electric current controlled by the “J. LIFT” is particularly recommended.

EXAMPLE



Traité

Non traité

REMINDER:

The combined electropuncture and energy draining action offers visible results from the very first session.

Facial expression is conditioned by a number of muscles. Each

of these muscles corresponds to a "Chinese point", called the command point, via which it is possible to transmit a stimulating or relaxing action by applying an electrical pulse.

ATTENTION:

It is recommended to use this appliance only after having followed a "Josiane Laure" training course at the "Ferme de Beauté"

Training information on www.josiane-laure.com - Training



The J.LYMPH
Suction pad appliance



Medium suction pads, J.LYMPH treatment

The J.LYMPH is the essential companion for your treatments.

Ideal for:

- Refining the silhouette
- Reducing "jodhpur thighs"
- Flattening the tummy
- Lifting the buttocks
- Toning the breasts, the inside of the arms and the thighs
- Reducing "buffalo humps"
- Relaxing the back
- Lightening the legs
- Reducing wrinkles and refining the face

3 fundamental actions

1. Lympho-energy draining

This technique based on the philosophy of Chinese medicine and lymphatic draining works by sliding along the path of the meridian lines and the lymph (training recommended).

2. Slimming and toning

The J.LYMPH combats problems of swelling, fatty deposits and water retention. It helps to eliminate toxins and restores tissue tone and firmness thanks to its intermittent pumping action which works with suction pads adapted to the parts of the body to be treated.

3. Action of 3 essential oil gels and 3 synergies

Refine

The **ENERGY CREAM** (lavender, lemon ylang ylang) draining action.
The **FLASH M** (with 11 essential oils) specific action on fatty deposits.
The **ENERGY SYNERGY** or **ENERGY SYNERGY PLUS** (with essential oils) reinforcing.

Tone

The **ENERGY CREAM**.
The **TONING GEL** (mint, rosemary) action on the neuro-muscular plaque.
The **TONING SYNERGY** (with essential oils) reinforcing.

Drain

The **ENERGY CREAM**.
The **NORMALISING GEL** (lemon, lavender, ylang ylang) draining action.
The **NORMALISING SYNERGY** (with essential oils) reinforcing.

ATTENTION:

It is recommended to use this appliance only after having followed a "Josiane Laure" training course at the "Ferme de Beauté"

Training information on
www.josiane-laure.com - Training



The Benefits of the J.LYMPH



TREATMENTS

- Slimming
- Restructuring
- Firming
- Reducing fatty deposits
- Reducing the orange peel effect
- Flattening the tummy
- Sculpting the buttocks
- Lightening the legs
- Relaxing

RESULTS

- Improves the blood circulation
- Improves lymphatic circulation
- Favours the elimination of toxins
- Dissociates fatty deposits
- Smooths skin tissue
- Stimulates intestinal transit
- Lifts the buttocks
- Redefines the buttock muscles
- Decongests
- Relaxes & Stimulates

J.LIFT and J.LYMPH

NATURAL DRAIN



probe, J.LIFT treatment



Small suction pads, J.LYMPH treatment

Presentation of J.LIFT products and all the facial treatments (see diagram B page 7)

"A lifted, cleansed and toned face"



Small facial suction pads Probe, J.LIFT treatment

Specific lifting treatment products

Purifying gel
Hydravelour cream or Organic day cream
Toning synergy.

Products for mature skin

- Organic face serum sensitive skin
- Hydrating concentrate with unsaponifiables for mature skin
- Organic day cream for normal skin
- Organic moisturising fluid for greasy skin
- Organic stimulating oil
- Organic eye contour

Suction pad treatment for the face

- Detox sliding is implemented with the appropriate product
- For work on wrinkles, the concentrate of unsaponifiables is essential.

Cleansing products

- Purifying gel for intoxicated and greasy skin
- Unsaponifiable milk for combination and sensitive skin
- Organic soothing lotion
- Organic mild face scrub
- Organic clay mask.

Products for problem skin

- Clarifying synergy for pigment marks, acne, milia
- Normalising synergy for skin with a tendency to redness
- Regenerating cream for problem skin.

SLIMMING BODY TREATMENT

A refined, sculpted and toned body

Josiane Laure technique by "Natural Drain, suction pads"



Large suction pads, J.LYMPH treatment

Presentation of J.LYMPH body treatment products

Presentation of all the J.LYMPH Energy products (see page 9).

Toning & bust treatment product

- Energy cream
- Toning gel
- Toning synergy
- Organic stimulating oil

Leg treatments

- Energy cream
- Normalising gel
- Normalising synergy



J.LIFT probe and large suction pads, J.LYMPH treatment

Slimming treatment

- Energy cream
- Flash M plus gel
- Energy synergy
- Energy synergy plus

Complement for J.LIFT electro-puncteur body treatments

- The body energy points are stimulated with the gel for the corresponding treatment.

*List of Josiane Laure
J.LIFT and J.LYMPH products*
Range
LAURE EN BIO



Organic Soothing Lotion
126R - 200ml



Gentle Face Exfoliator
111R - 40ml



Organic Clay Mask
128R - 100ml / 128C - 200ml



Organic Face Serum
121R - 30ml



Organic Day Cream
102R - 50ml / 102C - 200ml



Organic Moisturising Fluid
111R - 40ml



Eye Contour Cream
124R - 15m



Organic Stimulating Oil
150R - 200ml

Range
ESSENTIELS CORPS



Flash M
232T - 150ml



Tonifying Gel
233T - 150ml
233C - 450ml



Normalising Gel
235T - 150ml
235C - 4500ml



Energetic Body Cream
206T - 150ml / 206C - 450ml



Energetic Bath
AF009 - 500ml



Seaweed Bath
AF010 - 500ml



Exotic Bath
AF011 - 500ml



Feet and Hand Cream
207T - 150ml



Body Scrub
229T - 150ml

Range
ESSENTIELS VISAGES



Make Up Removal Milk
 205T - 150ml



Moisturising Concentrate
 204T - 50ml



Regeneration Face Cream
 203T - 50ml / 203C - 150ml

Range
ESSENTIELS VISAGE & CORPS



Velvet Moisturising
 Cream 234T - 150ml



Purifying Seaweed Gel
 230R - 250ml / 230C - 450ml



Energetic Body Cream
 249C - 500ml

Range
SYNERGIES



Tonifying Synergy
 262R - 20ml / 262C - 50ml



Clarifying Synergy
 263R - 20ml / 263C - 50ml



Normalising Synergy
 264R - 20ml / 264C - 50ml



Energetic Synergy
 260R - 20ml / 260C - 50ml



Energetic Plus Synergy
 261R - 20ml / 261C - 50ml





JOSIANE LAURE
PARIS

Josiane Laure "La Ferme de Beauté" 29, Vauvrière - 58310 BOUHY
03.86.26.40.04 ou 06.09.44.70.98 ~ www.josiane-laure.com